

Playing to a Metronome

*set your metronome to 4/4 time with a 1/4 notes interval and choose a suitable BPM

1

R L R L R L R L R L R L

R R L L R R L L R R L L

3

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L

5

7

9

R L F F R L F F R L F F R L F F

11

(groove)

R L R L etc...

13

(groove)

R L F F R L F F R L F F R L F F

15

17

19

R L R R L R L L R L R R L R L L R L R R L L R L R R

21

L R L L R L R R L R L L R L R R L R L L R R L R L L

23

R L L L R L L L R L L L

25

R/L L R

27

R L R L R L

29

R L R L R L R L etc...